

An Introduction to The Symbols Way: Guidance for Individuals and Groups on the Threshold of Change

The Symbols Way process systematically displays current reality, using symbols to depict mindsets, patterns and dynamics presently at play. The symbols are placed on a diamond-shaped fabric template, which represents the larger field of possibility.

A specific inquiry process follows, inviting the person or team to view the operating scenario through four very different lenses. The inquiry loosens the dynamics which currently organize personal or collective experience. It then opens perceptions of a more relevant and meaningful future. Eventually a display of creative and often unforeseen possibility emerges, using the same symbols in new ways.



The Addiction Recovery Center Leadership Team



Discovering the way forward

The Symbols Way kit contains a hand-sewn fabric field, a step by step guide book, a DVD demonstration of its use, artistic renditions of the 4 archetypes which are used as lenses, laminated copies of the inquiry questions, a pad to record insights, and a compass—all in a hand-made canvas carrying case.

The Symbols Way kit is available to individuals, consultants, and leadership teams. The cost is \$165, plus shipping. To purchase, go to: <http://id.mind.net/~tai/symbols.html>

Training courses are available for practitioners who wish to use this with clients. For more information please contact Barbara Cecil at bcecil@mind.net. The Symbols Process is a product of The Ashland Institute. Visit their website at: www.ashlandinstitute.org

The Symbols Way is copyrighted and is offered to persons or practitioners for use with individuals or teams. However, if you would like to use it in a course or workshop, you must contract with Barbara Cecil at: bcecil@mind.net

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